

**This Lent: May We Die to Ourselves and  
Put on the Mind and Heart of Jesus**

For just as in Adam all die,  
so too in Christ shall all be brought to life, 1 Corinthians 15:22



Let us pause and remember that we are made in the image and likeness of God and that this Holy God dwells within and among us. In the name of God our Father and Creator, and of Jesus our Brother and Savior, and of the Spirit Who is Holy Who calls us to life and to holiness. Amen.

Turn from darkness to light and from the power of Satan to God, so that you may obtain forgiveness of sins and an inheritance among those who have been consecrated by faith in Me. Acts 15:18

**HYMN: CHANGE OUR HEARTS**

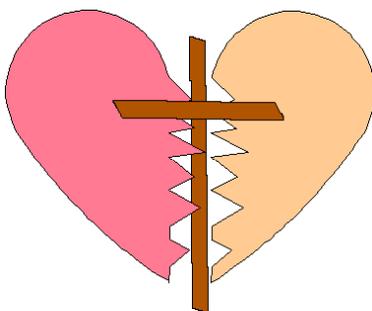
Change our hearts this time, Your Word says that it can be.  
Change our minds this time; Your life could make us free.  
We are the people You call set apart,  
Lord, this time change our hearts.

Brought by Your hand to the edge of our dreams.  
One foot in paradise, one in the waste.  
Drawn by Your promises,  
Still we are lured by the shadows and the chains we leave behind.

Now as we watch You stretch out Your hands,  
Offering abundances, fullness of joy.  
Your milk and honey seem distant, unreal,  
When we have bread and water in our hands.

Show us the way that leads to Your side,  
Over the mountains and sands of the soul.  
Be for us manna, water from the stone,  
Light which says we never walk alone.

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**Turn away from sin  
and be faithful to the Gospel**

**COLOSSIANS 3: 1-17**

If then you were raised with Christ,  
seek what is above, where Christ is seated at the right hand of God.  
Think of what is above, not of what is on earth.

For you have died, and your life is hidden with Christ in God.  
When Christ your life appears, then you too will appear with him in  
glory.

Put to death, then, the parts of you that are earthly: immorality,  
impurity, passion, evil desire, and the greed that is idolatry.

Now you must put them all away:

anger, fury, malice, slander, and obscene language out of your  
mouths.

Stop lying to one another, since you have taken off the old self with  
its practices

and have put on the new self, which is being renewed, for  
knowledge, in the image of its creator.

Put on then, as God's chosen ones, holy and beloved,  
heartfelt compassion, kindness, humility, gentleness, and patience,  
bearing with one another and forgiving one another, if one has a  
grievance against another; as the Lord has forgiven you, so must you  
also do.

And over all these put on love, that is, the bond of perfection.

And let the peace of Christ control your hearts, the peace into which  
you were also called in one body. And be thankful.

Let the word of Christ dwell in you richly, as in all wisdom you teach  
and admonish one another, singing psalms, hymns, and spiritual  
songs with gratitude in your hearts to God.

And whatever you do, in word or in deed, do everything in the name  
of the Lord Jesus, giving thanks to God the Father through him.

Response) Grant to us, O Lord, a heart renewed!

Re-create in us, Your own Spirit, Lord!

Behold the days are coming, says the Lord our God,  
when I will make a new covenant with you. (Response)

Deep within your being I will implant My Law;  
I will write it in your hearts. (Response)

I will be your God and you will be My people. (Response)

And for all your faults I will grant forgiveness;  
nevermore will I remember your sins. (Response)

**Romans 12: 1-2**

I beg you through the mercy of God to offer your bodies as a living  
sacrifice holy and acceptable to God. Do not conform yourselves to  
this age but be transformed by the renewal of your mind, so that you  
may judge what is God's will, what is good, pleasing and perfect.

**Joel 2: 12-13**

**Return to Me with your whole heart,  
with fasting and weeping and mourning;  
Rend your hearts and not your garments,  
and return to the Lord your God.  
For gracious and merciful is He,  
slow to anger, rich in kindness,  
and relenting in punishment.**

#### **REFLECTION**

**Lent is a call for us, God's people, to repent. It is our land that needs healing, it is our wicked ways from which we need to turn, we are the ones who need to seek God's face. Perhaps during the Lenten season we should stop praying for others as if we were virtuous enough to do so. Perhaps we should take off our righteous robes just long enough during this 40 days to put ashes on our own heads, to come before God with a new humility that is willing to confess, "Lord, be merciful to me, a sinner." Maybe we should be willing to prostrate ourselves before God and plead, "Lord, in my hand no price I bring; simply to the cross I cling." That might put us in a position to hear God in ways that we have not heard Him in a long time. And it may be the beginning of a healing for which we have so longed. O Lord, begin with me. Here. Now.**

#### **INTERCESSIONS**

**Response: Remember Your love and Your faithfulness, O Lord.  
Remember Your people and have mercy on us, O Lord.**

**That we may use this holy time of Lent for spiritual growth, we pray:  
That we and all sinners who do evil will turn away from sin and turn toward God, we pray:**

**That those who have fallen away from the Church, those who are angry with the Church and those who do not know the Church will be touched by God this Lent, we pray:**

**That each of us may root out the things that keep us from taking on the mind and heart of Jesus in our daily lives, we pray:**

**That all men and women will come to the realization that we are made in the image and likeness of God and that all persecution, prejudice, and war are evil and need to be eradicated, we pray:**

**That we will be more considerate of the needs of the poor among us and less concerned with our own wants, we pray:**

**That we become people of prayer, fasting and almsgiving on our journey to the Father, we pray:**

**That as followers of Jesus, we will have a great respect for the dignity of all life, the wonders and fragility of creation and the sanctity of the family, we pray:**

**That during this Lenten time we will make atonement for our own personal sinfulness and that of our nation, we pray:**

**Let us pray:**

**Almighty Father, hear our humble prayers, both spoken and unspoken and answer them as only You know best. Help us to graciously accept Your holy will in our regard as we strive to become more like Christ Your Son Who loved the world and died for our salvation. Inspire us by His love and guide us by His example. Amen.**

**WHAT TO GIVE UP THIS LENT:**

**Give up complaining – focus on gratitude.  
Give up pessimism – become an optimist.  
Give up harsh judgments – think kindly thoughts.  
Give up worry – trust Divine Providence.  
Give up discouragement – be full of hope.  
Give up bitterness – turn to forgiveness.  
Give up hatred – return good for evil.  
Give up negativism – be positive.  
Give up anger – be more patient.  
Give up pettiness – become mature.  
Give up gloom – enjoy the beauty that is all around you.  
Give up jealousy – pray for trust.  
Give up gossiping – control your tongue.  
Give up sin – turn to virtue.  
Give up giving up – hang in there!**

**"I Can Do All Things in Him Who Strengthens Me"  
Philippians 4:13**



**This Lent,  
through our prayer, fasting and almsgiving,  
may we die to ourselves and  
grow closer to the Lord.**

**HYMN: TAKE THIS MOMENT**

**Take this moment, sign, and space;  
Take my friends around;  
Here among us make the place where Your love is found.  
Take the time to call my name,  
Take the time to mend who I am and what I've been,  
All I've failed to tend.  
Take the tiredness of my days,  
Take my past regret,  
Letting Your forgiveness touch all I can't forget.  
Take the little child in me,  
Scared of growing old;  
Help me here to find my worth  
Made in Christ's own mold.**

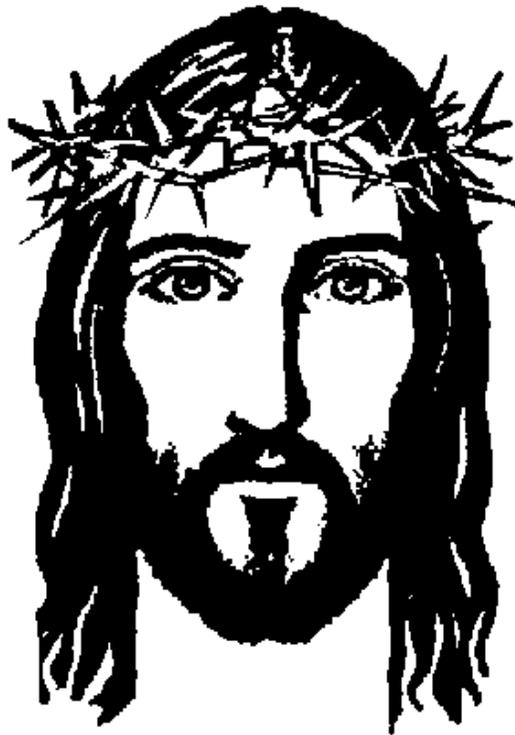
Take my talents, take my skills,  
Take what's yet to be;  
Let my life be Yours,  
and yet, let it still be me.

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Saint John Baptist de La Salle  
and all you holy Brothers who have gone before us,  
help us in using this holy time of Lent  
to put on the Lord Jesus Christ.

Live Jesus in our hearts. Forever!



I HAVE LOVED YOU WITH AN EVERLASTING LOVE.  
I HAVE CALLED YOU AND YOU ARE MINE.

Seek the face of the Lord and long for Him.  
He will ring you His light and His peace.

Seek the face of the Lord and long for Him.  
He will bring you His joy and His hope.

Seek the face of the Lord and long for Him.  
He will bring you His care and His love.

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